

# Dear Parents and Carers,

I can't believe it is the end of January already - this half term is flying by!

## Attendance

Weekly	Week Ending	Week Ending	Week Ending	Week Ending
Attendance	10/01/25	17/01/25	24/01/25	31/01/25
Rabbit Class	98%	97.3%	97.3%	93.5%
Owl Class	99%	100%	99.2%	96.9%
Deer Class	99.2%	100%	96.7%	96.3%
Hedgehog Class	95.8%	93.7%	94.3%	92%

## Parent/ Carer Survey

Please could you complete the following survey by 21<sup>st</sup> March 2025, giving your opinion on our school. It's really important for us to get parent and carers views so that we can work together to give the children the best educational experience possible. Please click <u>parent survey</u> to complete. Many thanks.

# Children's Mental Health Week: Monday 3rd February – Friday 7th February 2025

We will be celebrating Children's Mental Health week in school in February. The theme for this year is '**Know Yourself, Grow Yourself '**. The week exists to empower, equip and give a voice to all children and young people in the UK. The theme this year is about encouraging children to embrace self-awareness and explore what it means to them. This will help them grow and develop resilience to cope with what life throws at them. We will be talking about all aspects around mental health including: our feelings, our emotions, our thinking and our mood, linking it to our work on the Zones of Regulation and our toolbox of strategies to regulate our emotions. We want all of the children to understand that looking after your mental health is just as important as your physical health. We want all of our children to be confident to speak about their mental health and to support each other when they are not feeling as happy as they could.



We are going to have a special Wellbeing enrichment day on Thursday 6<sup>th</sup> February – where the children will learn about what positive wellbeing looks like and how they can help themselves to be happier.

We would like every child to plant a sweetpea with their parent or carer after school, if they wish. To do this please can you bring in a toilet roll inner tube or small plant pot. Many thanks. Attached to this newsletter is a parent flier about supporting your child's mental health.

## **Celebrating Birthdays at Great Hockham**

When it is your child's birthday, they can wear their own clothes to school so everyone will recognise it is their birthday and be able to wish them a Happy Birthday. If their birthday is at the weekend or during the holidays, they can wear their own clothes on a day of their choice nearest to their birthday. Please check they are in sensible footwear for the playground, or something appropriate for PE if it is their PE day. Many thanks.

## Willing Volunteers Required!

Rabbit class have received some new resources for the classroom and outside area, including a trike and a bike. Do we have any willing volunteers who would be happy to come into school and build these objects for us? If so, please contact Mrs Pavey in the school office. As we do not have a caretaker - your help would be really appreciated!

### Friend's Valentine Disco

Just a reminder to return your child's slip if they want to attend the Valentine Disco Thursday 13<sup>th</sup> February. The forms and payment must be returned by Monday 10<sup>th</sup> February 2025. Many thanks.

### **Playground After School**

Thank you for your support in ensuring that children do not play football after school on the playground when there are no school staff supervising.

### **Dates for your Diary**

### February 2025

Monday 3rd February – Friday 7<sup>th</sup> February: Children's Mental Health Week

Thursday 6<sup>th</sup> February: Whole school wellbeing enrichment day

Friday 7th February @ 2pm: Coffee and Chat Café

Monday 10<sup>th</sup> February: all homework due in to share in classes

Tuesday 11<sup>th</sup> February 8.40-8.55am: Rabbit homework celebration

Wednesday 12th February 8.40 - 8.55am: Owl homework celebration

Wednesday 12<sup>th</sup> February: Science theatre group visit

Thursday 13th February 8.40 – 8.55am: Deer homework celebration

**Thursday 13<sup>th</sup> February:** Author- Steve Clifford- visit and workshops

Thursday 13<sup>th</sup> February: Valentine's disco – run by Friends Friday 14th<sup>th</sup> February 8.40 – 8.55am: Hedgehog homework celebration Monday 17<sup>th</sup> February – Friday 21<sup>st</sup> February: Half Term Thursday 27<sup>th</sup> February: Hedgehog Class Theatre trip – Awful Egyptians <u>March 2024</u> Monday 3<sup>rd</sup> March – Friday 7<sup>th</sup> March: Book Week Thursday 6<sup>th</sup> March: World Book Day – dress up as your favourite book character Thursday 13<sup>th</sup> March: History Enrichment Day Tuesday 18<sup>th</sup> March: Red Nose Day Tuesday 25<sup>th</sup> March: Red Nose Day Tuesday 25<sup>th</sup> March: Road Safety Magic Show for KS2 April 2025 Thursday 3<sup>rd</sup> April @ 2pm: Curiosity Café Friday 4<sup>th</sup> April @ 9am: Parent Forum Friday 4<sup>th</sup> April @ 9am: Parent Forum

Have a lovely weekend, hopefully the weather will brighten up.

Best Wishes

Lísa Hazard

Mrs L Hazard